

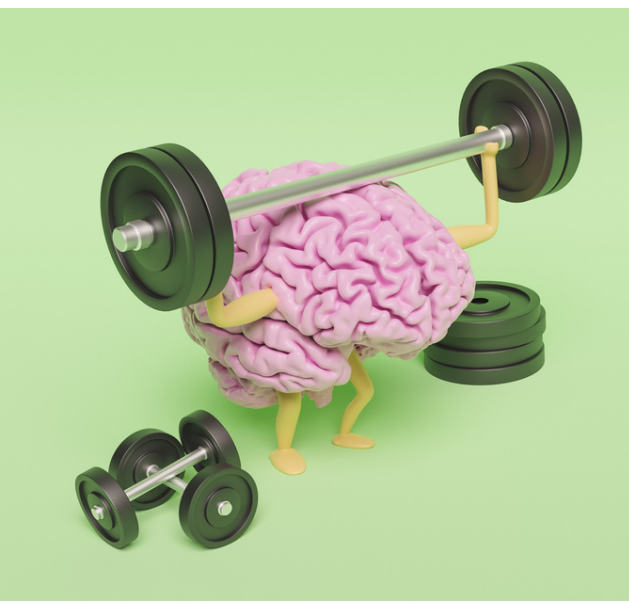
# DO YOU WANT TO ACQUIRE ENTREPRENEURIAL SKILLS?







# **DO YOU WANT TO ATTAIN OVERALL WELLNESS?**





# DO YOU WANT TO GET INDUSTRY READY?







**DO YOU ALSO CRAVE  
FOR A PERSONALITY  
EVERYONE NOTICES?**







**IF YES!!!**

**THEN GET READY  
TO TAKE A STEP  
TOWARDS YOUR  
UNIMAGINABLE  
TRANSFORMATION**





SPARK OF LIGHTS  
To brighten your life

**SPARK OF LIGHTS**

**PRESENTS**

**PERSONAL  
DEVELOPMENT  
PROGRAMME**



# PROGRAMME MODEL

Personality  
Development Training



Soft Skills  
Training



Communication  
Training



SPARK OF LIGHTS  
To brighten your life

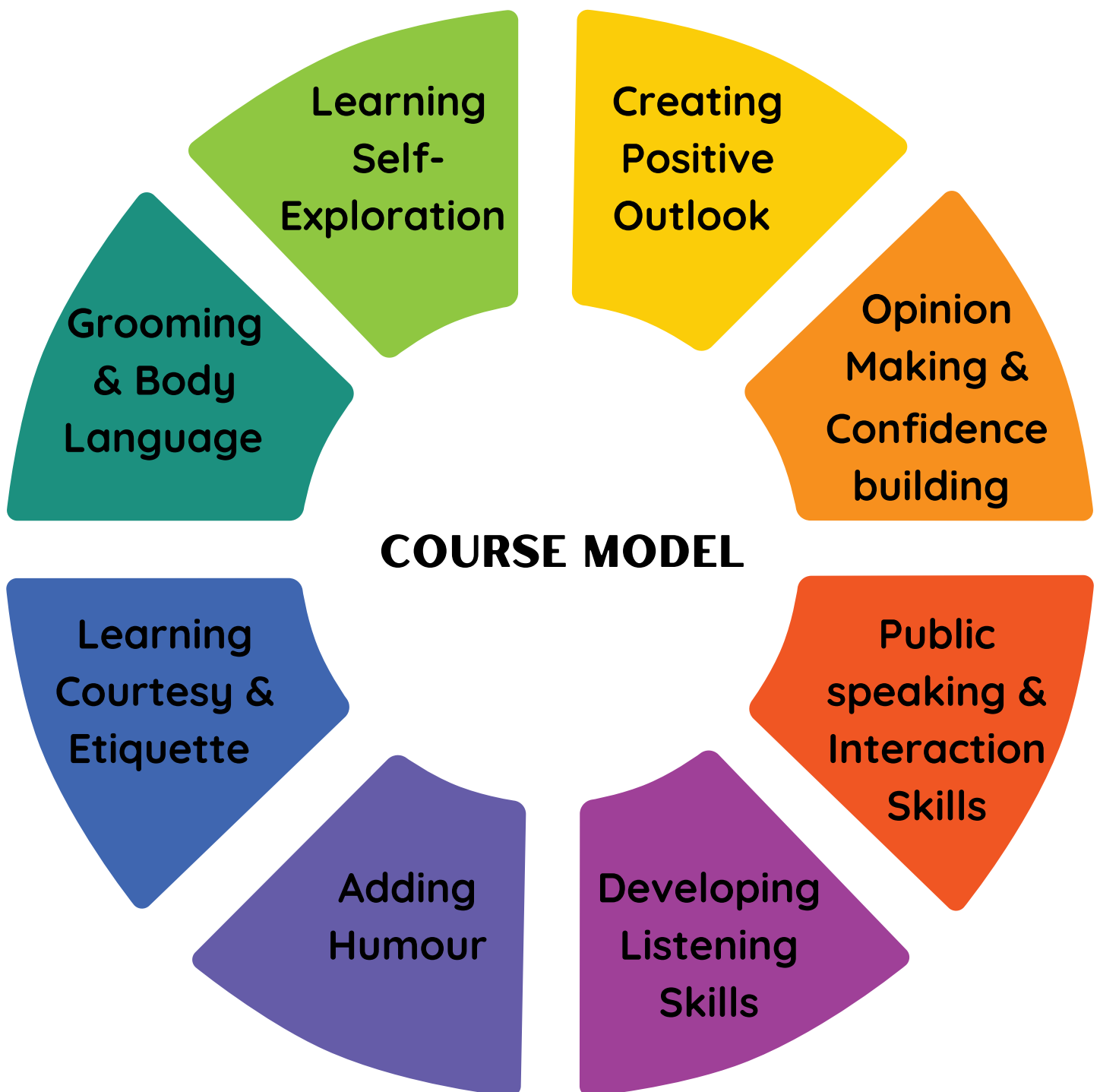


Mental/Emotional  
& Physical Wellness  
Programme



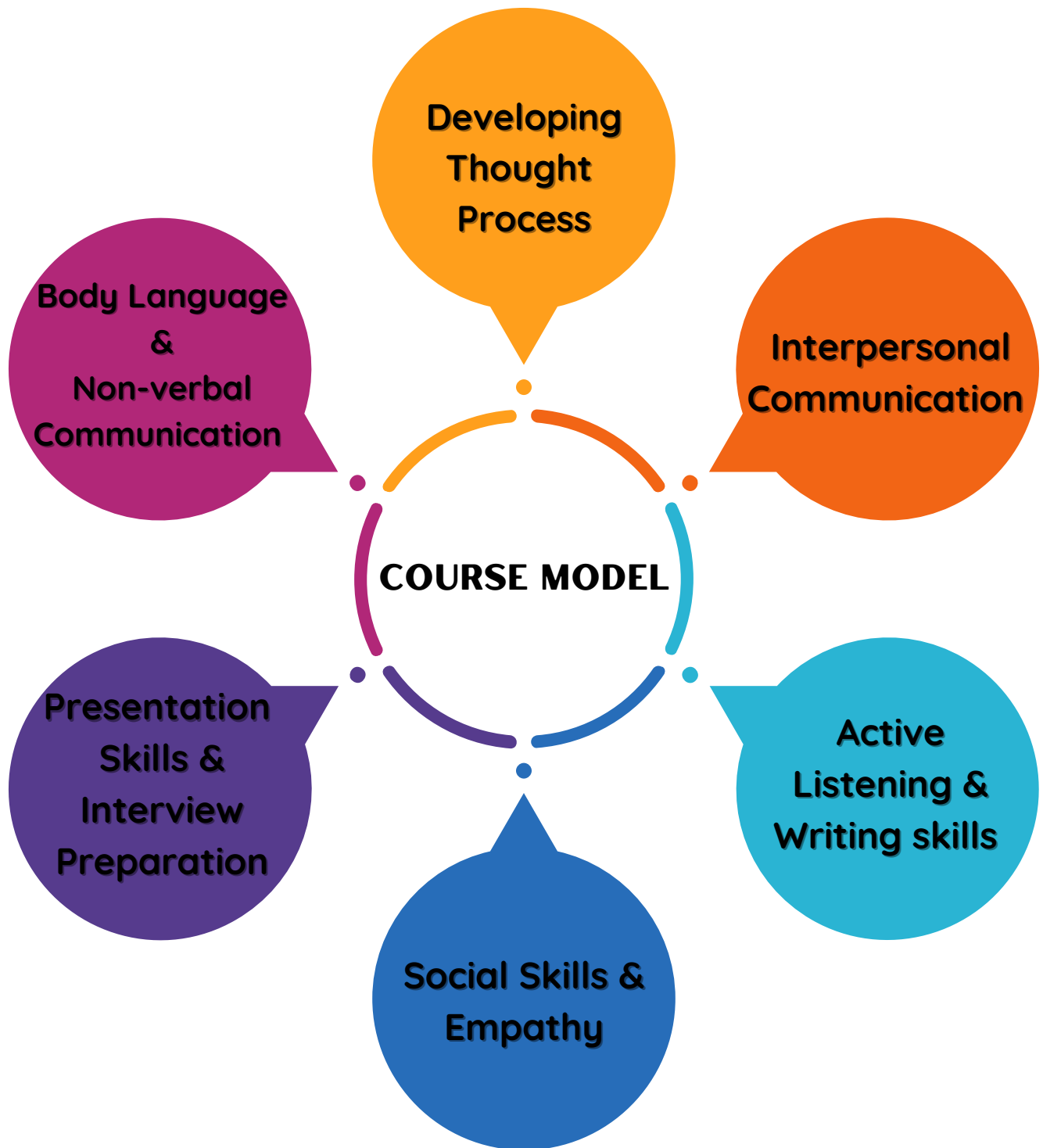
Financial Literacy  
Training

# **PERSONALITY DEVELOPMENT TRAINING**

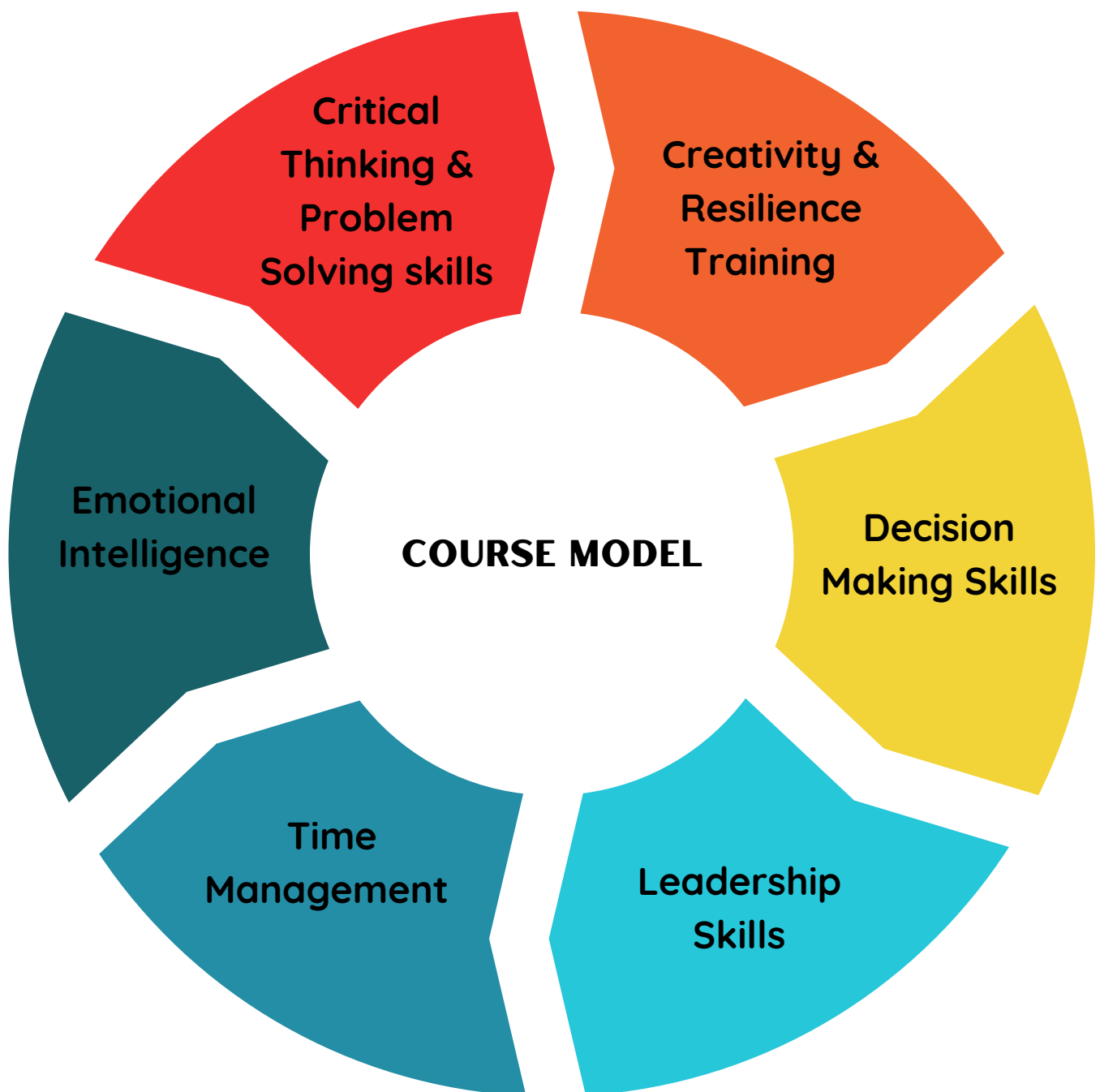




# COMMUNICATION TRAINING



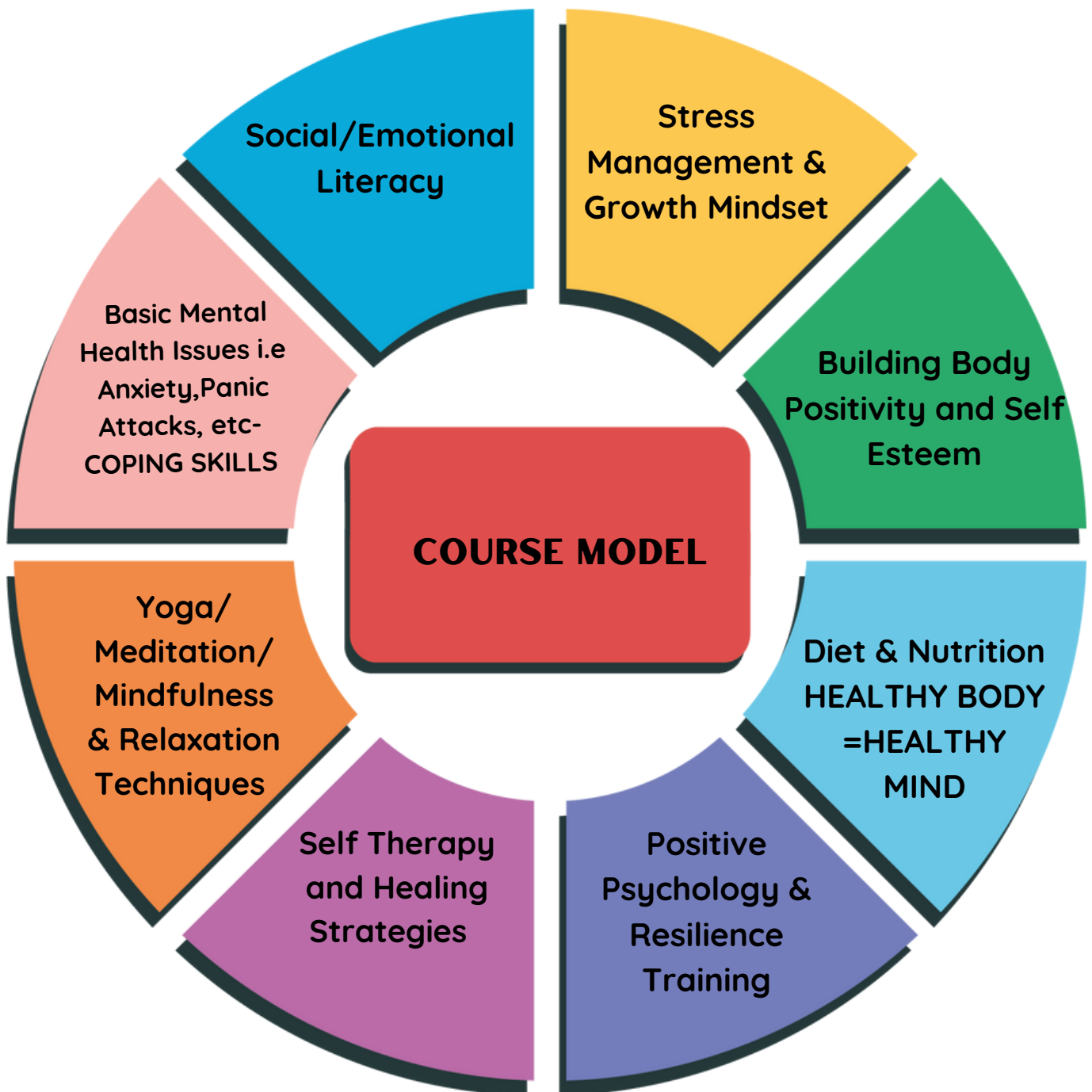
# **SOFT SKILLS TRAINING**







# **MENTAL/EMOTIONAL & PHYSICAL WELLNESS PROGRAM**









# WHO CAN ENROLL FOR THE PROGRAM?

- Students from any background who are looking forward to enhance their personality and want to get industry ready.
- Trainers or Working professionals who want to upgrade their soft skills.
- Anyone who is looking forward to develop entrepreneurial skills.
- Anyone who wants to attain overall growth in life.
- Peeps who want to achieve overall wellness.

# KNOW YOUR FACILITATORS



*Sangeeta Vashishta*

Founder & Director of  
Spark of Lights  
Accredited Positive psychology &  
Resilience Coach



*Prerna Tiwari*

Counselling Psychologist &  
Psychotherapist, Personality  
Development/Soft skills & Communication  
Trainer



# HERE'S WHAT YOU'LL GET

**Expert Training Sessions**

**Lifetime Support from Resource Faculty**

**Certificate & Letter of Recommendation**

**Chance to join Spark of Lights Team**

**Career Support & Counselling**

**Study Material: eBooks, PPTs, videos and other Well-being Resources**

**Chance to win scholarships**

## WHY TO CHOOSE US ?

- High Impact teaching strategies.
- Best National and International faculty.
- Experiential learning.
- Emphasis on overall wellness and growth.
- Mental health support.
- Restorative Practice.
- Staff training facility.
- Instrucional Model
- Free literacy workshops.

## A NOTE FROM OUR FOUNDERS



*Sangeeta  
Vashishtha*

In Spark of Lights our goal is to bring well-being revolution in the country. We want to make skill development and Mental Health an integral part of education system. We aim to help young adults achieve overall wellness and success in their careers.



*Aditya  
Vashishtha*